

# CRISTINE'S WELLNESS

*Wellness and beauty treatments*

50 - 80 minutes

## Relaxing Massage

Relaxing massage with essential oils to balance body, mind, and spirit. A moment to disconnect and be present.

50 MIN. 125€

80 MIN. 160€

50 - 80 minutes

## Deep Tissue Massage

Intense and deep massage that relaxes sore muscles, due to bad posture or muscular tension.

50 MIN. 125€

80 MIN. 160€

80 minutes

## Perfect Skin Facial

Deep peeling treatment + nutrition +reshaping massage for a skin glow effect.

180€

80 minutes

## Pure Vitamine C Facial

Spectacular facial treatment that provides an antioxidant and photoprotective action while stimulating tanning. Ideal as a skin preparation before summer.

180€

80 minutes

## Pure Vitamine C Body Treatment

Spectacular body treatment that provides an antioxidant and photoprotective action while stimulating tanning. Ideal as a skin preparation before summer.

180€

80 minutes

## Pure Vitamina C Face and Body

Facial and body treatment that provides an antioxidant and photoprotective action while stimulating tanning. Ideal as skin preparation before summer.

180€

80 minutes

## Sea Origin

This body treatment drains fluids and toxins that hinder fat burning and improves tissue regeneration and mineralization processes, providing extreme hydration.

180€



For more information and bookings:

Phone/WhatsApp: +34 687 882 888 Email: [mahon@cristinebedfor.com](mailto:mahon@cristinebedfor.com)



120 minutes

### Infinity Touch

Firms, redefines, and revives your skin from within. Non-invasive lifting with vitamins, sculpting massage, and radiofrequency. 210€

70 minutes

### Timeless Lift

Revitalize your skin with Indiba radiofrequency and antioxidant infusion, restoring luminosity, firmness, and hydration for global rejuvenation. 150€

60 minutes

### Collagen Light Glow

A treatment combining next-generation intense pulsed light with bioluminescent actives that rejuvenate, plump, and hydrate the skin at the speed of light. 160€

80 minutes

### Radiant Dual Lift

Experience intensive tissue regeneration in this session that merges two cutting-edge techniques to rejuvenate your skin by reversing oxidative stress for an instantly radiant effect. 190€

90 minutes

### Sculpt & Glow Body.

Transform your figure with this ultra-reducing and contouring treatment. Combines LED therapy, thermo-electrostimulation, and Brazilian contouring massage. 160€

90 minutes

### Sculpt & Slim Body

Sculpt your silhouette with the combination of radiofrequency and wood therapy, two unique synergies that help reduce, drain, and define your figure. Feel the benefits from the first session. 160€

120 minutes

### Holistic Care Experience

Holistic Care Experience – 120 minutes  
Exclusive wellness treatment that balances body and face. Vitamin facial and body sculpting treatment designed to nourish, repair, and restore your skin's vitality. 220€

120 minutes

### Radiance Hands & Feet Ritual

Complete ritual for hands and feet that combines exfoliation, hydration, and massage for arms, neck, and legs. Revitalize your skin while beautifying and caring for your hands and feet. Includes polish. 140€

